

The Noon News

February 23, 2009

Published by



Waterloo Exchange Club

Students of the Month— Glenda Husome, filling in for the vacationing Jackie Kugler, presided over the final round of presentations by the Columbus High School seniors vying for the Youth of the Year award.

The students spoke on the National Exchange Theme: *America's Youth: Changing the Beat of America*. For their efforts, Glenda presented each student with a nice plaque and a \$100 scholarship check. Columbus High



Mike Russell, Carlyne Schlichte and Michelle Schupbach

Director of Activities, Andre Meeks, introduced each student.

Michelle Schupbach spoke first. Michelle introduced her Mom, Janet. *Editor's Note: I knew Janet from my John Deere days. She reminded me of the time when she was pregnant that I asked her to name the baby after me... We had a good laugh remembering.*

Michelle compared preparing for the future to composing music. She said it

this way: " *Composing our future is like composing music. Different beats may not fit together, but with time, hard work dedication and determination we can make it into something beautiful. It could be dull and an incomplete piece or it could be made into an upbeat and uplifting piece. It won't come easy, but it is up to us*". Bright young woman. Good job Janet.

Carolyne Schlichte organized her presentation around her concern that, as a nation, we are becoming too independent and self-centered. Although she was speaking of young people, her words ring true for all of us. "...*Many teens no longer care about getting involved and helping their fellow countrymen. Their biggest concerns are shopping, cell phones and facebook. I often wonder what happened to the days when you could go to your neighbor and ask for help and they were more than willing to drop everything and help you. Now the American mindset is about being independent and self-centered. If we ever want to break out of this mold, we must act now before we become too completely self-absorbed to help anyone*". Then Carolyne offered a list of possible causes and solutions to the problem she outlined so well. A good list it is too. Wise beyond her years.

Mike Russell had his presentation organized under five headings that give a good summary of his thoughts: *The Past Guides the Future; Many Becoming One; Technology Changes Lifestyle 56Kps to 3.2 Kbps; Education is Key and The Present Guides the Future*. Mike elaborated on the solutions to the same set of issues that Carolyne and Michelle both presented earlier in a slightly different way. Fine young person. A man of analytical thinking.

Editor's note: I found it very refreshing that these young folks: have a common understanding of the mess we are in; seem intent on collaborating to solve the problems we've made of our country; believe they have the tools to get the job done by working together; possess great confidence and suffer little fear of failure; have boundless hope and optimism. Now if we could just figure out what to do with the boneheads in charge...

NEXT MEETING LOGISTICS

Program : MET Transit System
Prayer : Roger Shook
Pledge : Mark Johnson
Menu : Cheeseburger with Fries

PROGRAM SCHEDULE

Mar 02: MET Transit System
Mar 09: A.C.E. Student of the Year
Mar 16: Closed Business Meeting
Mar 23: INRCOG—2035 Transportation Plan
Mar 30: Basketball Awards

WHAT'S FOR LUNCH

Mar 02: Cheeseburger with Fries
Mar 09: Prime Rib Sandwich with Fries
Mar 16: Tuna Salad Croissant & Soup
Mar 23: Meatloaf
Mar 30: Fried Chicken with Cole Slaw
Order Chef Salad one week in advance

BIRTHDAYS

Feb 23: Larry Bjortomt
Feb 24: Jackie Kugler
Feb 28: Tony Fischer

THOUGHT OF THE WEEK

" *I hate housework—you make the beds, you do the dishes—and six months later you have to start all over again*". - Joan Rivers

The Noon News

February 23, 2009

Published



Waterloo Exchange Club

Rock & Roll Fund-Raiser - Dick Cole continues to form combinations and alliances for the Rock and Roll Dance Party he's organizing as a fund-raiser for the District Exchange Convention our Club will be hosting this summer here in Waterloo.

He has an all-star cast lined up. Richie Lee will be doing all the Buddy Holly stuff and more. Michael Cutsforth, well, he'll be doing everything else worth doing. *Don't miss this one no matter what.* Check out page 4.

Membership update - Wanda Martin passes along, for your information, the following names of folks who are no longer members: Bill Wilharm, Carolina Mag-samen and Brittany Jungck.

We do have a new member joining us. Jennie Hansel works at Classic Kitchen and Bath in Waterloo. Tony



New member—Jennie Hansel

Fischer invited Jennie as his guest last week. We're glad you came back Jennie and we hope you feel welcome. We are looking forward to knowing you as an Exchangite.

Guests - Tony Fischer invited Ben Fisher as his guest. Ben has his own business Fishsticks Millwork. We hope you enjoyed the visit. Please will come back again soon.

Sports Show Volunteer Opportunity - Diane Neebel announced the need for volunteers at the Sports Show at the UNI Dome March 13-14-15. Sign-up sheets are being passed around.

Club Awards - Wanda Martin, Awards Committee Chair, reminded the awards season is upon us. We've been looking at the criteria for the Rookie of the Year Award. This week we add the other two: Exchangite of the Year and Book of Golden Deeds. *Nominations for the awards must be turned in to Wanda by March 23rd.*

Rookie of the Year Award -

Definition: "Inexperienced, a new comer." Exchange defines rookie as a member with less than two years service in the club. Rookie of the Year goes a step further, it's still that inexperienced person with less than two years, but it's someone who has demonstrated a degree of outstanding interest and enthusiasm and has a high level of participation in club activities.

Nominations must be in writing and club activities should be listed. This individual should be honored for their **Exchange involvement, enthusiasm and interest** not other volunteer activities.

Here's a list of the members who qualify for the criteria of being a member with less than two years of service:

Ames, Julie	Johnson, Mark
Breakenridge, Dawn	McGowan, Kathy
Carter, Douglas	McNamee, Lori
Foster, Patty	Porter, Debbi
Girsch, David	Rogers, Robin
Harrington, Shawn	Schultz, Sylvia
Horan, Scott	Shepherd, Richard
Huffman, Elizabeth	Shinkle, Gale
Hunter, Trent	Shollenbarger, Mary
Husome, Glenda	Woods, John

The members serving with Wanda on the Awards Committee include: Kathy Earnest, Kathy McGowan, David Sasse, Mary Shollenbarger and Nancy Showers. Normally the selection of the Rookie of the Year is made by the President. The committee will only be involved in the selection if they are asked to do it. If this would happen, Kathy McGowan and Mary Shollenbarger will not be involved in the selection since they are eligible to win the award.

The Noon News

February 23, 2009

Published



Waterloo Exchange Club

Exchangite of the Year Award Criteria -

Definition: An award given to the Exchangite that has done the most for the advancement of the club within the last year. Someone that has gone above and beyond the normal status of being an Exchangite. Has taken the role of helping Exchange grow through the additional work they have done. The award can also be given to a member that has, for years, been dedicated and worked for Exchange without fanfare, just has a love for Exchange. Usually a person that is a candidate that just stands out and will often be nominated by several different individuals. Following is an example of a nomination:

Using the above criteria, I would like to nominate NAME for Exchangite of the year. In my opinion he/she is deserving of this award. Following is a list of activities this individual has been involved in this last year or since joining Exchange:

- Co-chair of the "So proudly We Hail Committee"
- Worked on the "Sunshine Special"
- Has attended 3 National Conventions and 4 District Conventions in order to learn & grow in Exchange
- Attended several education training sessions
- Worked the Home and Sport shows every year since joining the club in 1998.
- Served on the Board of Directors for 2 years
- Has chaired almost all the committees
- Brought in 3 new members last year for a total of 7
- Always early for Exchange meetings and has become the unofficial greeter
- Has worked to establish rapport & fellowship with other clubs in the area
- Always available when a volunteer is needed regardless of the job to be filled

This list is by no means complete, but on a consistent basis this individual is there to serve Exchange. NAME represents our organization with style and class and it is very evident this individual loves Exchange. We wouldn't be honoring him/her for the work done in Exchange this past year, rather we would be honoring them for the many hours spent on Exchange since the time they were recruited. This individual certainly exemplifies Exchange in a manner we can all be proud of. Let's honor NAME as Exchangite of the year 2008-09.

Nominations must be in written form and turned in to Wanda Martin, Chairperson.

Book of Golden Deeds - The National Exchange Club's Book of Golden Deeds Award project recognizes dedicated volunteers who give endless hours of their time and talents toward bettering the community. Volunteerism is important to our society and should not go unnoticed.

Honoring a fellow citizen with the BOOK OF Golden Deeds Award is a heart-warming and inspiring act not only for the honoree, but for the Exchange Club and its members. The Book of Golden Deeds exemplifies Exchange beliefs and is easy to implement.

When searching for the appropriate volunteer, keep in mind that the recipient need not be a person of great wealth or prestige. It is important to choose a person who is sincere about helping the community, has an exceptional track record of continued, unselfish giving and enjoys volunteering his or her time to help others. The recipient can be from any profession, a member of any organization or even from the humblest walk of life - someone who deserves acclaim, but rarely receives it.

The book of Golden Deeds award is not limited to a single volunteer, but can be presented to a group of individuals such as civic groups, sororities/fraternities, religious groups and charitable organizations. The volunteer **does not** have to be an Exchange member.

For many years, the club only gave out one "Book of Golden Deeds" award yearly. Several years ago the board made the decision we would give up to 3 awards within the year if we had applicants that had made significant contributions and were equally qualified. Even though we may have 3 or more applications we may make the decision to only give one based on the quality of the applications.

When making out a nomination it must be in written form with specific examples of the nominee's volunteer history. **THE ONLY CRITERIA FOR RECEIVING THE AWARD IS TO HAVE MADE SIGNIFICANT CONTRIBUTIONS TO THE COMMUNITY.** All nominations should be turned in to Wanda Martin, Awards Chair.

SPONSORED BY EXCHANGE CLUB OF WATERLOO

Rock & Roll

Refreshments
and Food
Available



Dance Party
STARRING

RICHIE LEE
As Buddy Holly & Ritchie Valens

Also
FEATURING
Michael Cutsforth
& The Wicked Andersons

- Special Guest Stars
- Air Guitar Contest
- 50's Dance Demonstrations



Copyright Cooper Imaging ©

Saturday, March 14 • 7-11 PM
Sullivan Brothers Convention Center
Tickets: \$10 at the door
Contact: Dick Cole 233-7780 for advance tickets